



Aramark Catering at St. Mary's

all-day packages

Choose one of these 3 packages to sustain you throughout the day



all day delicious \$35.99

Relax. We'll keep the food coming! These 4 selections will keep your energy up throughout the day. 15 Person Minimum

DELICIOUS DAWN

- Assorted Muffins 400-510 Cal each
- Assorted Scones 430-470 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Assorted Juice 110-170 Cal each
- Bottled Water 0 Cal each
- Regular Coffee, Decaf (Upon Request) & Ice Water 0 Cal/8 oz. serving

Includes appropriate condiments

AM PERK UP

- Granola Bars 190 Cal each
- Assorted Individual Yogurt Cups 50-150 Cal each
- Iced Tea 5 Cal/8 oz. serving
- Regular Coffee, Decaf (Upon Request) & Ice Water 0 Cal/8 oz. serving

POWER UP LUNCH

- Tomato and Cucumber Couscous Salad 120 Cal/3.75 oz. serving
- Orange Fennel Spinach Salad 210 Cal/3.2 oz. serving
- Bakery Fresh Rolls 160 Cal each
- Green Beans Gremolata 70 Cal/3 oz. serving
- Three Pepper Cavatappi with Pesto 310 Cal/7.5 oz. serving
- Grilled Chicken with a Lemon Tarragon White Wine Sauce 200 Cal/5.75 oz. serving
- New York Cheesecake 440 Cal/slice
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

Includes appropriate condiments

PM PICK ME UP

- Chilled Spinach Dip with Tortilla Chips 230 Cal/2.25 oz. serving
- Grilled Vegetable Tray 70 Cal/3 oz. serving
- Freshly Baked Brownies 250 Cal/2.25 oz. serving
- Bottled Water 0 Cal each
- Regular Coffee, Decaf (Upon Request) & Ice Water 0 Cal/8 oz. serving

Includes appropriate condiments

meeting wrap up \$29.99

Serve these favorites and success is a wrap! This All-Day package includes the following 4 delights. 15 Person Minimum

MORNING MINI

- Miniature Muffins 80-120 Cal each
- Miniature Danish 140-170 Cal each
- Miniature Scones 110-120 Cal each
- Apple, Raisin and Cranberry Yogurt Parfaits 400 Cal each
- Strawberry Yogurt Parfaits 370 Cal each
- Iced Water 0 Cal/8 oz. serving
- Regular Coffee, Decaf (Upon Request) & Ice Water 0 Cal/8 oz. serving

THE ENERGIZER

- Donut Holes 45-90 Cal each
- Ripe Bananas 110 Cal each
- Iced Tea 5 Cal/8 oz. serving
- Regular Coffee, Decaf (Upon Request) & Ice Water 0 Cal/8 oz. serving

IT'S A WRAP

- Chicken Caesar Wrap 540 Cal each
- Pepper Jack Tuna Wrap 590 Cal each
- Cran-Apple Turkey Wrap 650 Cal each
- Grilled Vegetable Wrap 620 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Traditional Garden Salad 50 Cal/3.5 oz. serving
- Grilled Vegetable Pasta Salad 130 Cal/3 oz. serving
- Individual Bag of Chips 100-160 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Freshly Baked Brownies 250 Cal/2.25 oz. serving
- Bottled Water 0 Cal each

Includes appropriate condiments



all-day packages

meeting wrap up (continued)

MID-DAY MUNCHIES

■ Tortilla Chips & Salsa	150 Cal/2 oz. serving
■ Salsa Verde	10 Cal/1 oz. serving
■ Pico De Gallo	10 Cal/1 oz. serving
■ Apples	60 Cal each
■ Oranges	50 Cal each
■ Bananas	110 Cal each
■ Assorted Craveworthy Cookies	250-310 Cal each
Bottled Water	0 Cal each
Regular Coffee, Decaf (Upon Request) & Ice Water	0 Cal/8 oz. serving

Includes appropriate condiments

simple pleasures \$22.99

Easy does it-Casually tasteful fare. This All-Day package includes 3 of our favorites. 15 Person Minimum

SIMPLE CONTINENTAL

■ Assorted Donuts	190-490 Cal each
■ Assorted Bagels	170-360 Cal each
Orange Juice	120 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Regular Coffee, Decaf (Upon Request) & Ice Water	0 Cal/8 oz. serving

Includes appropriate condiments

BOX LUNCH

Choice of Sandwich accompanied by Chips, Assorted Craveworthy Cookies and Bottled Water

Tuna Salad Ciabatta	540 Cal each
Ham & Swiss Sub	380 Cal each
Turkey & Swiss Sandwich	490 Cal each
■ Roasted Pepper & Mozzarella Ciabatta	530 Cal each
■ Individual Bag of Chips	100-160 Cal each
■ Assorted Craveworthy Cookies	250-310 Cal each
Bottled Water	0 Cal each

Includes appropriate condiments

MID-DAY MUNCHIES

■ Tortilla Chips & Salsa	150 Cal/2 oz. serving
■ Salsa Verde	10 Cal/1 oz. serving
■ Pico De Gallo	10 Cal/1 oz. serving
■ Apples	60 Cal each
■ Oranges	50 Cal each
■ Bananas	110 Cal each
■ Assorted Craveworthy Cookies	250-310 Cal each
Bottled Water	0 Cal each
Regular Coffee, Decaf (Upon Request) & Ice Water	0 Cal/8 oz. serving

Includes appropriate condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

breakfast

breakfast collections

All prices are per person and available for 12 guests or more

MINI CONTINENTAL \$7.99

- Miniature Muffins 80-120 Cal each
 - Miniature Danish 140-170 Cal each
 - Miniature Bagels 110-160 Cal each
 - Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
 - Iced Water 0 Cal/8 oz. serving
 - Regular Coffee, Decaf (Upon Request) & Ice Water 0 Cal/8 oz. serving
- Includes appropriate condiments*

QUICK START \$8.99

Choice of three (3) Breakfast Pastries served with Fresh Seasonal Sliced Fruit, Fresh Assorted Juices and Bottled Water and Regular Coffee, Decaf (Upon Request) & Ice Water

- Assorted Muffins 400-510 Cal each
 - Assorted Danish 200-430 Cal each
 - Assorted Scones 430-470 Cal each
 - Assorted Bagels 170-360 Cal each
 - Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
 - Assorted Juice 110-170 Cal each
 - Bottled Water 0 Cal each
 - Regular Coffee, Decaf (Upon Request) & Ice Water 0 Cal/8 oz. serving
- Includes appropriate condiments*

HEALTHY CHOICE BREAKFAST \$8.49

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day.

- Individual Cereal Cups 140-260 Cal each
 - Milk 120 Cal each
 - Bananas 110 Cal each
 - Assorted Individual Yogurt Cups 50-150 Cal each
 - Regular Coffee, Decaf (Upon Request) & Ice Water 0 Cal/8 oz. serving
- Includes appropriate condiments*



À LA CARTE BREAKFAST

- Assorted Breakfast Breads served with Butter \$12.99 Serves 12
- Assorted Breakfast Breads 110-220 Cal each
- Includes appropriate condiments*
- Assorted Muffins served with Butter and Jam \$19.99 Per Dozen
- Assorted Muffins 400-510 Cal each
- Includes appropriate condiments*
- Assorted Pastries \$19.99 Per Dozen
- Assorted Pastries 200-510 Cal each
- Includes appropriate condiments*
- Assorted Miniature Pastries \$19.99 Serves 12
- Miniature Muffins 80-120 Cal each
- Miniature Danish 140-170 Cal each
- Miniature Scones 110-120 Cal each
- Includes appropriate condiments*
- Fresh Seasonal Sliced Fruit (40 Cal/2.5 oz. serving) \$2.99 Per Person
- Assorted Individual Yogurt Cups (50-150 Cal each) \$2.99 Each

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breakfast

hot breakfast

All prices are per person and available for 12 guests or more. Choice of (1) Breakfast Potato and (1) Sausage for select buffets.

ULTIMATE BREAKFAST \$14.99

Choice of three (3) Breakfast Pastries, Scrambled Eggs, Cheddar and Onion Frittata, Crisp Bacon, Breakfast Sausage, Pancakes and Syrup, Breakfast Potatoes, Fresh Seasonal Sliced Fruit, Assorted Juices and Bottled Water, Regular Coffee, Decaf (Upon Request) & Ice Water

■ Assorted Muffins	400-510 Cal each
■ Assorted Danish	200-430 Cal each
■ Assorted Scones	430-470 Cal each
■ Assorted Bagels	170-360 Cal each
■ Scrambled Eggs	180 Cal/4 oz. serving
■ Cheddar and Onion Frittata	270 Cal each
■ Hash Browns	130-150 Cal/3 oz. serving
Bacon	45 Cal each
Sausage Links	130 Cal each
■ Pancakes	50 Cal each
■ Maple Syrup	70 Cal/1 oz. serving
■ Fresh Seasonal Sliced Fruit	40 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal each
Bottled Water	0 Cal each
Regular Coffee, Decaf (Upon Request) & Ice Water	0 Cal/8 oz. serving

Includes appropriate condiments

AMERICAN BREAKFAST \$10.99

Scrambled Eggs, Breakfast Potatoes, Crisp Bacon, Breakfast Sausage, choice of one (1) Breakfast Pastry, Iced Water, Regular Coffee, Decaf (Upon Request) & Ice Water

■ Assorted Muffins	400-510 Cal each
■ Assorted Danish	200-430 Cal each
■ Assorted Scones	430-470 Cal each
■ Assorted Bagels	170-360 Cal each
■ Scrambled Eggs	180 Cal/4 oz. serving
■ Sliced Hash Browns	140 Cal/2 oz. serving
■ Diced Hash Browns	130 Cal/3 oz. serving
■ Shredded Hash Browns	150 Cal/3 oz. serving
Hash Brown Patties	150 Cal each
Bacon	45 Cal each
Sausage Links	130 Cal each
Sausage Patties	200 Cal each
Iced Water	0 Cal/8 oz. serving
Regular Coffee, Decaf (Upon Request) & Ice Water	0 Cal/8 oz. serving

Includes appropriate condiments

FRENCH TOAST BREAKFAST \$10.29

Orange Cinnamon French Toast served with Butter and Syrup, Breakfast Potatoes, Crisp Bacon, Breakfast Sausage, Ice Water, Regular Coffee, Decaf (Upon Request) & Ice Water

■ Orange Cinnamon French Toast	90 Cal each
■ Maple Syrup	70 Cal/1 oz. serving
■ Sliced Hash Browns	140 Cal/2 oz. serving
■ Diced Hash Browns	130 Cal/3 oz. serving
■ Shredded Hash Browns	150 Cal/3 oz. serving
Hash Brown Patties	150 Cal each
Bacon	45 Cal each
Sausage Links	130 Cal each
Sausage Patties	200 Cal each
Iced Water	0 Cal/8 oz. serving
Regular Coffee, Decaf (Upon Request) & Ice Water	0 Cal/8 oz. serving

Includes appropriate condiments

Egg Whites available on request - nominal fee may apply

breakfast



breakfast enhancements

All prices are per person and available for 12 guests or more

YOGURT PARFAITS \$6.99

Choose two (2) of our Yogurt Parfait flavors to add to your breakfast buffet!

- Blueberry Orange Yogurt Parfait 410 Cal each
- Apple, Raisin and Cranberry Parfait 400 Cal each
- Honey Ginger Pear Parfait 440 Cal each
- Strawberry Yogurt Parfait 370 Cal each

TRADITIONAL SANDWICHES \$4.79

Choice of two (2) Breakfast Sandwiches

- Egg & Cheese English Muffin 260 Cal each
- Egg & Cheese Croissant 370 Cal each
- Sausage, Egg & Cheese Biscuit 520 Cal each
- Ham, Egg & Cheese Biscuit 450 Cal each
- Bacon, Egg & Cheese Bagel 370 Cal each
- Spicy Bacon, Egg, Potato & Cheese Burrito 590 Cal each

HAND WRAPPED BREAKFAST BURRITOS \$4.49

Choose from the following Hand-wrapped Breakfast Burritos!

- Meat Lover's Breakfast Burrito with Bacon, Sausage and Ham 810 Cal each
- Potato, Cheese and Pico de Gallo Breakfast Burrito 440 Cal each
- Florentine Breakfast Burrito 580 Cal each

Egg Whites available on request – nominal fee may apply



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lunch & buffet

classic collections

All prices are per person and available for 12 guests or more

CREATE YOUR OWN DELI SANDWICH \$10.99

Create your own Deli Sandwich creation accompanied by your choice of two (2) Side Salads, Assorted Craveworthy Cookies and Beverages

Deli Platter

Sliced Oven Roasted Turkey	25 Cal/1 oz. serving
Sliced Roast Beef	40 Cal/1 oz. serving
Deli Ham	30 Cal/1 oz. serving
Tuna	80 Cal/1 oz. serving
■ Cheese Tray (Cheddar & Swiss)	110 Cal/1 oz. serving
■ Relish Tray (Lettuce, Tomato, Onion, Pickles, Pepperoncini)	30 Cal/2 oz. serving
■ Assorted Baked Breads & Rolls	110-160 Cal each
Side Salads	25-330 Cal each
■ Assorted Craveworthy Cookies	250-310 Cal each
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Includes appropriate condiments

PREMIUM BOX LUNCH

Spicy Salmon Arugula Wrap \$13.19

Grilled Salmon, Jalapeno Coleslaw, Arugula, Tomato and Remoulade in a Lavash Wrap	620 Cal each
■ Sweet Chili Cucumber Salad	25 Cal/3 oz. each
■ Individual Bag of Chips	100-160 Cal each
■ Freshly Baked Brownie	250 Cal/2.25 oz. serving
Bottled Water	0 Cal each

Includes appropriate condiments

Asian Chicken Salad \$13.49

Grilled Chicken, Romaine, Vegetables, Orange and Almonds tossed with a Sweet and Spicy Sesame Dressing	430 Cal each
■ Bakery Fresh Roll	160 Cal each
■ Fresh Fruit Cup	40 Cal/2.5 oz. serving
■ Lemon Cheesecake Bar	300 Cal/2.75 oz. serving
Bottled Water	0 Cal each

Includes appropriate condiments

Includes Assorted Individual Chips, Whole Fruit and Gourmet Dessert

CLASSIC BOX LUNCH \$9.99

Your choice of Classic Sandwich – served with Potato Chips, Craveworthy Cookies and Bottled Water

Classic Selection Sandwich	280-750 Cal each
■ Individual Bag of Chips	100-160 Cal each
■ Assorted Craveworthy Cookies	250-310 Cal each
Bottled Water	0 Cal each

Includes appropriate condiments

CLASSIC SELECTIONS \$14.99

Your Choice of three (3) Sandwiches and two (2) Side Salads accompanied by Potato Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies, Iced Water and Iced Tea

Classic Selection Sandwiches	280-750 Cal each
Side Salads	25-330 Cal each
■ Dill Pickle Slices	0 Cal/1 oz. serving
■ Individual Bags of Chips	100-160 Cal each
■ Assorted Craveworthy Cookies	250-310 Cal each
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Includes appropriate condiments

CLASSIC SANDWICH OPTIONS

(Available Sandwiches Choices for the Classic Boxed Lunch and Classic Selection Buffet)

Deli Sliced Turkey And Swiss On Hearty Wheat Bread (490 Cal each)

Grilled Chicken Club With Bacon And Swiss On Toasted Wheat Bread (750 Cal each)

■ Greek Salad Wrap With Crumbled Feta, Black Olives, Fresh Cucumbers, Plum Tomatoes And Red Onion (430 Cal each)

Apple Bacon Chicken Salad Ciabatta (390 Cal each)

Turkey, Bacon, Egg, Avocado And Blue Cheese Wrap (650 Cal each)

Additional Premium Box Lunch options available upon request!

Please contact your catering professional!

lunch & buffet

classic collections

THE EXECUTIVE LUNCHEON \$17.49

Choice of three (3) Sandwiches and two (2) Side Salads accompanied by Potato Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies, Iced Water and Iced Tea

Executive Luncheon Sandwiches	370-760 Cal each
Side Salads	25-330 Cal each
■ Dill Pickle Slices	0 Cal/1 oz. serving
■ Individual Bags of Chips	100-160 Cal each
■ Assorted Craveworthy Cookies	250-310 Cal each
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Includes appropriate condiments

■ Portobello Ciabatta (410 Cal each)

Ham and Brie, with Fresh Pear, Spinach and Caramelized Onions on Wheatberry Bread (700 Cal each)

Ham and Swiss Ciabatta with a Red Onion Apricot Relish (530 Cal each)

Pepper Jack Tuna Wrap with Fresh Jalapenos and Plum Tomatoes (590 Cal each)

Spicy Southwest Chicken Baguette with Monterey Jack Cheese and Pico De Gallo (600 Cal each)

Turkey, Ham & Ranch Club with Bacon, Lettuce, and Tomato (580 Cal each)



SALAD SELECTIONS

(Included with Deli Express, Classic Selections, and Executive Luncheon Sandwich Buffets)

■ Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives (90 Cal/3 oz. serving)

■ Toasted Barley Orange Cranberry Salad with Red Onions, Honey and Cinnamon (120 Cal/3.5 oz. serving)

■ Roasted Sweet Potato Salad with Green Chiles, Scallions, Celery, Red Peppers and Fresh Cilantro tossed in spicy Caribbean Jerk Seasoning (120 Cal/4 oz. serving)

■ White Bean Herb Salad with Bell Peppers, Green Onions, Fresh Basil & Parsley tossed in a Balsamic Vinaigrette (90 Cal/3.33 oz. serving)

■ Grilled Vegetable Pasta Salad with a Balsamic Dressing (130 Cal/3 oz. serving)

■ Red-skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing (240 Cal/4 oz. serving)

■ Traditional Garden Salad with a Balsamic Vinaigrette Dressing (50 Cal/3.5 oz. serving)

Spinach Salad with Bacon, Egg, Mushroom and Tomato (60 Cal/2.15 oz. serving)

■ Ranch Pasta Salad (120 Cal/3 oz. serving)

■ Fresh Fruit Salad (40 Cal/2.5 oz. serving)

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buffets

Served with Assorted Rolls and Butter, Ice Water and Iced Tea (12 Person Minimum)

HARVEST BOUNTY \$18.99

Choice of Herb Roasted Turkey or Baked Ham served with sides and beverages

■ Traditional Mixed Green Salad	50 Cal/3.5 oz. serving
■ Southern Biscuits	190 Cal each
■ Buttermilk Mashed Potatoes	120 Cal/3.75 oz. serving
■ Sautéed Dill Green Beans	30 Cal/3 oz. serving
Herb Roasted Turkey	130 Cal/3 oz. serving
Baked Ham	110 Cal/3 oz. serving
■ Apple Pie	410 Cal/slice
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Includes appropriate condiments

TRADITIONAL AMERICAN \$14.99

Baby Spinach Salad	60 Cal/2.15 oz. serving
■ Bakery Fresh Rolls	160 Cal each
■ Roasted New Potatoes	110 Cal/2.75 oz. serving
■ Fresh Herbed Vegetables	100 Cal/3.5 oz. serving
Grilled Lemon Rosemary Chicken	130 Cal/3 oz. serving
■ Oreo Blondies	270 Cal/1.75 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Includes appropriate condiments

REPUBLIC OF SPICE \$16.99

Kadai Jhinga Masala (Prawns in sauce) and Tandoori Chicken served over Lemon-Ginger Basmati Rice and accompaniments

■ Kachumber Side Salad	40 Cal/3.9 oz. serving
■ Tikka Chaat Side Salad	70 Cal/3 oz. serving
■ Curry-Spiced Naan	440 Cal each
Kadai Jhinga Masala	120 Cal/4.5 oz. serving
Tandoori Chicken	150 Cal/3 oz. serving
■ Lemon-Ginger Basmati Rice	170 Cal/3.25 oz. serving
■ Pickled Red Onion	10 Cal/0.5 oz. serving
■ Shredded Carrot	10 Cal/0.5 oz. serving
■ Cilantro	0 Cal/0.125 oz. serving
■ Mango Chutney	45 Cal/1 oz. serving
Cucumber Mint Raita	15 Cal/1 oz. serving
■ Tomato Chutney	5 Cal/0.5 oz. serving
■ Honey Lemon Rice Pudding	200 Cal/4.25 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Includes appropriate condiments

lunch & buffet

buffets



Served with Assorted Rolls and Butter, Ice Water and Iced Tea (12 Person Minimum)

YUCATAN BOWL \$16.99

Create your own Yucatan Bowls with White or Brown Rice, Charro Beans, Braised Chicken & Beef, Roasted Portobello Mushrooms, Toppings Bar, and sides

■ Romaine Lettuce Salad	0 Cal/0.25 oz. serving
■ Avocado Ranch Dressing	80 Cal/1 oz. serving
■ Cilantro Lime White Rice	120 Cal/3 oz. serving
■ Cilantro Lime Brown Rice	140 Cal/3.5 oz. serving
■ Charro Beans	90 Cal/3 oz. serving
Braised Chicken	180 Cal/3 oz. serving
Braised Beef	160 Cal/3 oz. serving
■ Roasted Portobello Mushrooms	20 Cal/2.25 oz. serving
■ Pico De Gallo	10 Cal/1 oz. serving
■ Guacamole	40 Cal/1.33 oz. serving
■ Salsa Verde	10 Cal/1 oz. serving
■ Salsa Roja	20 Cal/1 oz. serving
■ Dulce de Leche Brownie	220 Cal/2.25 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Includes appropriate condiments

TASTY TEX MEX \$16.99

Create your own Fajitas with our Tex Mex sides!

■ Chips and Salsa	150 Cal/2 oz. serving
■ Mexican Rice	130 Cal/3 oz. serving
■ Charro Beans	90 Cal/3 oz. serving
Beef Fajitas with Tortillas, Shredded Cheddar and Sour Cream	590 Cal/5 oz. serving
Chicken Fajitas with Tortillas, Shredded Cheddar and Sour Cream	580 Cal/5 oz. serving
■ Salsa Verde	10 Cal/1 oz. serving
■ Pico De Gallo	10 Cal/1 oz. serving
Cinnamon Crisps	20 Cal each
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

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buffets

Served with Assorted Rolls and Butter, Ice Water and Iced Tea (12 Person Minimum)

BASIC ITALIAN BUFFET \$15.99

■ Italian House Salad	50 Cal/3.5 oz. serving
■ Garlic Breadsticks	110 Cal each
Home-style Lasagna with Parmesan Cheese	330 Cal/7.25 oz. serving
■ Vegetable Alfredo Lasagna	460 Cal/11 oz. serving
■ Chocolate Dipped Biscotti	190 Cal each
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Includes appropriate condiments

BAKED POTATO BAR \$15.49

Top your own Baked Potatoes with a Garden Salad and choice of Apple Cobbler or Apple Pie for dessert

■ Classic Garden Salad	50 Cal/3.5 oz. serving
Top your own Baked Potato with Chicken Mushroom Alfredo, Chili Con Carne, Steamed Broccoli, Crumbled Bacon, Shredded Cheddar Cheese, Scallions and Sour Cream	660 Cal/12 oz. serving
■ Apple Cobbler	350 Cal/4.75 oz. serving
■ Apple Pie	410 Cal/slice
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
■ Add on Cheddar Cheese Sauce	60 Cal/1 oz. serving

Includes appropriate condiments

BBQ PICNIC \$13.99

■ Home-style Potato Salad	240 Cal/4 oz. serving
■ Fresh Country Coleslaw	170 Cal/3.5 oz. serving
House-made Kettle Chips	240 Cal/1.25 oz. serving
Grilled Hamburgers with Buns	330 Cal each
Hot Dogs with Buns	310 Cal each
Garnish Tray	
■ Lettuce Leaves	0 Cal/0.5 oz. serving
■ Diced Onions	10 Cal/1 oz. serving
■ Dill Pickle Slices	0 Cal/1 oz. serving
■ Sliced Tomatoes	5 Cal/1 oz. serving
■ Assorted Craveworthy Cookies	250-310 Cal each
■ Bakery-fresh Brownies	250 Cal/2.25 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Includes appropriate condiments

SOUP AND SALAD BUFFET \$14.99

Garden Fresh Tossed Salad with Dressings and assorted toppings served with Dinner Rolls and Butter, Soup du Jour, Assorted Craveworthy Cookies, Iced Water and Iced Tea

■ Garden Fresh Mixed Greens	15 Cal/3 oz. serving
■ Ranch Dressing	200 Cal/2 oz. serving
■ Italian Dressing	80 Cal/2 oz. serving
Sliced Grilled Chicken	160 Cal/3 oz. serving
Diced Ham	60 Cal/2 oz. serving
■ Roasted Chickpeas	210 Cal/2 oz. serving
■ Sliced Red Onions	10 Cal/1 oz. serving
■ Shredded Cheese	60 Cal/0.5 oz. serving
■ Tomatoes	5 Cal/1 oz. serving
■ Cucumbers	5 Cal/1 oz. serving
■ Shredded Carrots	10 Cal/0.5 oz. serving
■ Croutons	60 Cal/0.5 oz. serving
■ Dinner Rolls	160 Cal each
Soup du Jour	80-420 Cal/8 oz. serving
■ Assorted Craveworthy Cookies	250-310 Cal each
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Includes appropriate condiments

lunch & buffet



buffets

Build Your Own Buffet: Select two salads, one entrée, two sides, and one dessert

BUFFET STARTERS

- Seasonal Garden Salad With Balsamic Vinaigrette (50 Cal/3.5 oz. serving)
- Classic Caesar Salad (160 Cal/2.66 oz. serving)
- Baby Spinach Salad With Bacon, Hard Boiled Eggs And Balsamic Vinaigrette (60 Cal/2.15 oz. serving)
- Greek Salad With Crumbled Feta (120 Cal/3.25 oz. serving)
- Antipasto Salad (130 Cal/3 oz. serving)
- Seasonal Fresh Fruit Salad (40 Cal/2.25 oz. serving)

BUFFET ENTREES

- Fried Chicken with Buttermilk Hot Sauce (530 Cal/5.6 oz. serving) \$15.29
- Roasted Turkey with Cranberry Relish (160 Cal/3.5 oz. serving) \$16.99
- Chicken and Shrimp Creole (240 Cal/8.75 oz. serving) \$15.99
- Chipotle Pork Loin topped with a Pineapple Salsa (180 Cal/3.75 oz. serving) \$17.79
- Beef Pot Roast with Dijon Shallot Sauce (330 Cal/5 oz. serving) \$17.49
- Pesto Flank Steak (250 Cal/3 oz. serving) \$18.59
- Eggplant Lasagna (250 Cal/7.25 oz. serving) \$14.99

BUFFET SIDES

- Sweet Herbed Corn Pudding (350 Cal/4 oz. serving)
- Italian Seasoned Green Beans (40 Cal/3.25 oz. serving)
- Pan Roasted Vegetables (45 Cal/3 oz. serving)
- Marinated Roasted Red Potatoes (120 Cal/2.75 oz. serving)
- Quinoa and Wild Rice Blend (110 Cal/2.6 oz. serving)
- Ginger Honey Glazed Carrots (110 Cal/3.25 oz. serving)
- Chipotle Macaroni and Cheese (230 Cal/2.75 oz. serving)

BUFFET FINISHES

- New York-Style Cheesecake (440 Cal/slice)
- Assorted Miniature Cool Citrus Cheesecakes (80 Cal/4.25 oz. serving)
- Dulce de Leche Brownie (220 Cal/2.25 oz. serving)
- Individual Chocolate Ganache Bundt Cake (320 Cal each)
- Individual Vanilla Raspberry Bundt Cake (520 Cal each)
- Spiced Carrot Cake (370 Cal/slice)

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receptions

receptions

All prices are per dozen

RECEPTION HORS D'OEUVRES (HOT)

Balsamic Fig and Goat Cheese Flatbread (80 Cal each) \$25.99

Beef Empanadas (70 Cal each) \$23.99

Black Angus Mini Cheeseburgers (Sliders) (120 Cal each) \$39.99

Chicken Quesadillas (50 Cal each) \$21.99

Chili-Lime Chicken Kabobs (40 Cal each) \$29.99

Coconut Chicken (40 Cal each) \$23.99

■ Spanakopita (70 Cal each) \$22.99

■ Vegetable Empanadas (80 Cal each) \$22.99

RECEPTION HORS D'OEUVRES (COLD)

■ Assorted Petit Fours (60-140 Cal each) \$25.99

■ Chocolate-Caramel Mini Cheesecakes (80 Cal each) \$23.99

■ Cool Citrus Mini Cheesecakes (80 Cal each) \$23.99

Antipasto Kabobs (45 Cal each) \$30.99

■ Mediterranean Antipasto Skewers (70 Cal each) \$31.99

■ Mushroom Profiterole (45 Cal each) \$33.99



Unsure of how many items and how much to order for your reception?
Contact your catering events specialist to discuss the proper amounts
needed for a reception.

receptions



reception additions

CLASSIC CHEESE TRAY

serves 12: \$39.99 24: \$69.99 48: \$110.99

■ Classic Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses, Pita Chips and Crostini (290 Cal/2.75 oz. serving)

FRESH GARDEN CRUDITÉS

serves 12: \$39.99 24: \$69.99 48: \$110.99

■ Fresh Garden Crudités with Ranch Dill Dip (120 Cal/5 oz. serving)

FRESH SEASONAL FRUIT

serves 12: \$39.99 24: \$69.99 48: \$110.99

■ Fresh Seasonal Fruit Tray (40 Cal/2.5 oz. serving)

ASSORTED MINI SANDWICHES

serves 12: \$64.99 24: \$124.99 48: \$249.99

An assortment of our most popular Mini Sandwiches

Ham and American Cheese Mini Sandwiches

260 Cal each

Roast Beef and Cheddar Mini Sandwiches

280 Cal each

Turkey and Swiss Mini Sandwiches

310 Cal each

Mini Caprese Sandwiches

250 Cal each

BLACK BEAN, CORN AND PICO GUACAMOLE

serves 12: \$36.99 24: \$59.99 48: \$112.99

■ Black Bean, Corn and Pico Guacamole served with Tortilla Chips (330 Cal/6.75 oz. serving)

MAY WE SUGGEST A SERVED MEAL OR RECEPTION?

Our talented catering professionals can create specialized custom menus for your event. Please contact our Catering Office at (210) 436-3609 to arrange a personal consultation with Xavier Flores Catering Director for Aramark here at St. Mary's University.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



receptions

reception stations

Reception stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 12 guests or more.

MEDITERRANEAN \$8.99

Add a package of our Mediterranean bites to your reception

- Marinated Olives 150 Cal/2.75 oz. serving
- Hummus & Pita Chips 220 Cal/4.5 oz. serving
- Greek Salad 120 Cal/3.25 oz. serving
- Seasonal Roasted Vegetable Tray 120 Cal/3.25 oz. serving-210 Cal/4 oz. serving
- Tabbouleh Salad 110 Cal/3.25 oz. serving

HAPPY HOUR \$14.99

Have a "pub" break with your favorite Happy Hour finger foods

- Chilled Spinach Dip with Pita Chips 230 Cal/2.25 oz. serving
- Mini Cheesesteaks 170 Cal each
- Buffalo Chicken Tenders served with Blue Cheese Dip 680 Cal/6.75 oz. serving
- Assorted Craveworthy Cookies 250-310 Cal each
- Lemon Cheesecake Bars 300 Cal/2.75 oz. serving
- Raspberry Coconut Bars 370 Cal/3.25 oz. serving

TRADITIONAL CARVING \$14.99

Choice of Roasted Turkey, Honey Ham or Slow-cooked Beef Carved by our Chef, served with Rolls and spreads

- Bakery Fresh Rolls 160 Cal each
- Carved Roasted Turkey 130 Cal/3 oz. serving
- Carved Honey Ham 170 Cal/3.5 oz. serving
- Carved Slow-cooked Beef 200 Cal/3 oz. serving

Includes appropriate condiments

snacks

All prices are per person and available for 12 guests or more

CHOCAHOLIC \$7.49

Become addicted with an assortment of Chocolate-themed treats

- Miniature Chocolate Bars 45-70 Cal each
- Chunky Chocolate Craveworthy Cookies 280 Cal each
- Chilled Chocolate Milk 160 Cal each
- Chocolate Dipped Pretzels 110 Cal each
- Chocolate Dipped Strawberries 40 Cal each

ENERGY BREAK \$3.49

Raise the bar!

- Granola Bars 190 Cal each
- Fruit Filled Bars 160 Cal each
- Breakfast Bars 250 Cal each

THE HEALTHY ALTERNATIVE \$7.99

Get healthy with our heart-happy break

- Apples 60 Cal each
- Oranges 50 Cal each
- Bananas 110 Cal each
- Pears 100 Cal each
- Individual Yogurt Cups 50-150 Cal each
- Trail Mix 290 Cal each
- Granola Bars 190 Cal each

SNACK ATTACK \$5.99

The perfect blend of sweet and salty to get you through your day!

- Individual Bags of Chips 100-160 Cal each
- Roasted Peanuts 190 Cal/1 oz. serving
- Trail Mix 290 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bakery-fresh Brownies 250 Cal/2.25 oz. serving

beverages

Regular and Decaffeinated Coffee, Tea (0 Cal/8 oz. serving)
\$19.99 Per Gallon

Includes appropriate condiments

Hot Apple Cider (160 Cal/8 oz. serving) \$19.99 Per Gallon

Hot Chocolate (160 Cal/8 oz. serving) \$19.99 Per Gallon

Iced Tea (5 Cal/8 oz. serving) \$17.99 Per Gallon

Includes appropriate condiments

Lemonade (90 Cal/8 oz. serving) \$17.99 Per Gallon

Fruit Punch (5 Cal/8 oz. serving) \$17.99 Per Gallon

Assorted Fruit Juices (120-130 Cal/8 oz. serving) \$17.99 Per Gallon

Infused Water \$8.99 Per Gallon

Lemon Infused Water	0 Cal/8 oz. serving
Orange Infused Water	10 Cal/8 oz. serving
Apple Infused Water	20 Cal/8 oz. serving
Cucumber Infused Water	10 Cal/8 oz. serving
Grapefruit Infused Water	10 Cal/8 oz. serving

Bottled Water (0 Cal each) \$1.99 Per Person

Assorted Sodas (Can) (0-150 Cal each) \$1.79 Each



desserts

All prices are per person and available for 12 guests or more

■ Assorted Craveworthy Cookies (250-310 Cal each) \$12.99 Per Dozen

■ Bakery-fresh Brownies (250 Cal/2.25 oz. serving) \$13.99 Per Dozen

Gourmet Dessert Bars \$15.99 Per Dozen

■ Lemon Cheesecake Bars 300 Cal/2.75 oz. each

■ Raspberry Coconut Bar 370 Cal/3.25 oz. serving

■ Custom Artisan Cupcakes (380 Cal each) \$22.99 Per Dozen

■ Chocolate Covered Strawberries (40 Cal each) \$19.99 Per Dozen

ordering information

LEAD TIME

Notice of 72 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

EXTRAS

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges.

contact us today

210.431.8031

shearer-maria@aramark.com

Prices effective until 08/01/2018

Prices may be subject to change

■ Vegetarian ■ Vegan

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.